

HEDIS® Measures 2018 Tips: Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)

Measure Description

Children 3-17 years of age who had an outpatient visit with a Primary Care Provider or Obstetrician/Gynecologist and who had evidence of the following during 2018.

- BMI percentile documentation
- Counseling for nutrition
- Counseling for physical activity

Note: Because BMI norms for youth vary with age and gender, this measure evaluates whether BMI percentile is assessed (rather than an absolute BMI value). BMI percentile as a value or plotted on an age growth chart is required. The height, weight, and BMI must be from the same chart, but can be a different day of service.

Exclusions

- A diagnosis of pregnancy having occurred during 2018
- Member received Hospice care during 2018.

How to Improve HEDIS® Documentation

- Document all elements of a preventative exam, including health history, development history, physical exam and education/anticipatory guidance.
- When documenting BMI percentile include:
 - Height, weight, and BMI percentile during 2018

Documentation must include a note indicating the date and at least one of the following:

- Nutrition Documentation:
 - Current nutrition behaviors (e.g. appetite or meal patterns, eating, and dieting habits)
 - Counseling or referral specific to nutrition
 - Member received educational materials on nutrition during a face-to-face visit
 - Checklist indicating nutrition was addressed
 - Anticipatory guidance for nutrition
 - Weight, obesity or eating disorder counseling

- Physical Activity Documentation:
 - Discussion of current physical activity behaviors (e.g. exercise routine, participation in sports activities, exam for sports participation)
 - Checklist indicating physical activity was addressed
 - Counseling or referral for physical activity
 - Member received educational materials on physical activity during a face-to-face visit
 - Anticipatory guidance specific to the child's physical activity
 - Weight, obesity or eating disorder counseling

 - Examples: Physical activity counseling/education (e.g. child rides tricycle in yard)
 - Current physical activity behaviors (e.g., exercise routine, participation in sports activities, and exam for sports participation)
 - While "cleared for sports" does not count, a sports physical does count
 - Include specific mention of physical activity recommendations to meet criteria for notation of anticipatory guidance
 - Code appropriately using codes listed on the next page

Using Correct Billing Codes

Codes to identify (measure) screening and Exclusions

Description	Code Type	Code
BMI	ICD-10-CM	Z68.51-Z68.54
Nutrition Counseling	ICD-10-CM	Z71.3
	CPT	97802-97804
	HCPCS	G0447, G0270, G0271, S9449, S9452, S9470
Physical Activity Counseling	ICD-10-CM	Z02.5
	HCPCS	G0447, S9451
Codes to Identify Outpatient Visits	CPT	99201-99205, 99211-99215, 99241-99245, 99341-99345, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99429, 99455, 99456
	HCPCS	G0402, G0438, G0439, G0463, T1015
	UB Revenue	0510-0517, 0519-0523, 0526-0529, 0982, 0983
Exclusions		
Pregnancy	ICD-10-CM	<p>O09.00-O09.03, O09.10-O09.13, O09.211-O09.213, O09.219, O09.291-O09.293, O09.299, O09.30-O09.33, O09.40-O09.43, O09.511-O09.513, O09.519, O09.521-O09.523, O09.529, O09.611-O09.613, O09.619, O09.621-O09.623, O09.629, O09.70-O09.73, O09.811-O09.813, O09.819, O09.821-O09.823, O09.829, O09.891-O09.893, O09.899, O09.90-O09.93, O09.A0-O09.A3, O10.011-O10.013, O10.019, O10.02, O10.03, O10.111-O10.113, O10.119, O10.12, O10.13, O10.211-O10.213, O10.219, O10.22, O10.23, O10.311-O10.313, O10.319, O10.32,</p> <p>Note: Not all codes for pregnancy have been listed. If you would like a full list of ICD-10-CM codes for pregnancy please contact us directly</p>

For questions please call the Quality Improvement and HEDIS team directly at (406) 437-6827.

®HEDIS is a registered trademark of the National Committee for Quality Assurance (NCQA).

®CPT codes copyright 2013 American Medical Association. All rights reserved.

HCPCS is the Healthcare Common Procedure Coding System used by the Centers for Medicare & Medicaid Services

Source "NCQA 2018 Technical Specifications Volume 2 Effectiveness of Care Prevention and Screening p61-65"